2nd Dan to 3rd Dan Korean

Ko Dang

Ko Dang is the pseudonym of the patriot Cho Man Sik who dedicated his life to the independence movement and education of his people. The 39 movements signify his times of imprisonment and his birthplace on the 39 parallel.

Downward thrusting elbow strike	Naeryo sun palkup taerigi.
Downward block	Naeryo makgi.
Downward punch	Naeryo jirugi.
Jump	Twigi.
Flat fingertip high crosscut strike	Opun sonkut nopunde ghutgi taerigi.

<u>Eui Am</u>

Eui Am is the pseudonym of the patriot Son Byong Hi who was the leader of the Korean independence movement on the 1st March 1919.

The 45 movements relate to his age when he changed the name of the religious sect known as Dong Hak (Oriental Culture) to Chondo Kyo (Heavenly Way Religion) in 1905. The pattern movement plan symbolises his indomitable spirit, displayed while dedicating himself to the prosperity of his nation.

Crescent punch	Bandal jirugi
X-Fist downward block	Kyocha joomuk naeryo makgi.
Twin palm downward block	Sang sonbadak naeryo makgi.

Choong Jang

Choong Jang is the pseudonym of General Kim Duk Ryang of the Yi Dynasty who lived during the fifteenth century. The pattern ends with a left hand attack, intended to symbolise the general's death in prison at the age of just 27. Choong Jang consists of 52 movements.

High double fingertip thrust Double fingertip thrust Twin fore knuckle turning punch Backhand downward strike Horizontal knife hand strike Backhand downward strike

Nopunde too songarak tulgi. Doo songarak tulgi. Sang inji joomuk dollyo jirugi. Son dung naeryo taerigi. Songyong sonkal taerigi. Sondung naeryo taerigi.